

Today's plan:

- ▶ Section 4.4.4: Clinical studies

Example

Clinical studies determine the effectiveness of a drug or medical procedure.

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- ▶ Some patients get the real drug
- ▶ The others get the placebo
- ▶ At the end the two groups are compared.

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Definition

These are called **blind studies.**

Moreover:

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- ▶ If the doctors know which group a patient is in
- ▶ this may affect their interactions with the patients.

So this also needs to be controlled.

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These are called **double blind studies**.

Example

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A clinical study is done to determine the effectiveness of a new drug.

- ▶ 2,500 volunteers are picked
- ▶ they're divided into two groups of 1,250

Example

During the course of the study, some patients leave the study for various reasons.

At the end of the study there are

- ▶ 1,180 patients in the placebo group

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At the end of the study there are

- ▶ 1,180 patients in the placebo group
- ▶ 1,047 in the drug group.

Example (Continued)

At the end, for each patient it's determined whether the symptoms **improved**, or **not**.

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Symptoms \ Group	Placebo	Drug
Improve	805	785
Not	375	262
Total	1,180	1,047

Example

Determine, with a confidence level of **99.7%**, if the drug is more effective than the placebo.

- ▶ Estimate what percentage p of patients improved under the placebo versus the drug.

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- ▶ This will be based on the observed percentage \hat{p} for each group.
- ▶ To have a confidence level of 99.7%, we need to move $3\frac{\sigma}{n}$ away from \hat{p} .

Placebo	Drug
Improve = 805	Improve = 785
Not = 375	Not = 262
$n = 1,180$	$n = 1,047$
$\hat{p} = \frac{805}{1180} \approx 0.6822$	$\hat{p} = \frac{785}{1047} \approx 0.7498$
Standard error	
$\frac{\sigma}{n} \approx 0.01355$	$\frac{\sigma}{n} \approx 0.01339$
$\hat{p} - 3\frac{\sigma}{n} \leq p \leq \hat{p} + 3\frac{\sigma}{n}$	
$0.6415 \leq p \leq 0.7228 \quad \quad 0.7096 \leq p \leq 0.7899$	

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- ▶ so we can't conclude that p for the **drug group** is higher than p for the **placebo group**

In other words, there is **not statistically significant** evidence that the drug is better than the placebo.

Remark:

If we worked under a lower confidence level, say 95% confidence, then the conclusion would be different.

Simpson's paradox

Here is a real-life example from a medical study, comparing the success rates of two treatments for kidney stones (1984).

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- ▶ The drugs are tested on **Small Stones** and **Large stones**

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- ▶ The drugs are tested on **Small Stones** and **Large stones**

The table shows the corresponding success rates:

Example

	Treatment A	Treatment B
Small Stones	Group 1 93% (81/87)	Group 2 87% (234/270)
Large Stones	Group 3 73% (192/263)	Group 4 69% (55/80)
Both	78% (273/350)	83% (289/350)

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- ▶ treatment A is more effective when used on **small** stones
- ▶ treatment A is more effective when used on **large** stones
- ▶ yet treatment B is more effective when considering **both sizes** at the same time

Question

What treatment should we use?

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- ▶ There is no easy answer that always works
- ▶ You have to analyze the hidden internal relations between groups

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- ▶ The sizes of the groups are very different
- ▶ Both treatments work better for small stones
- ▶ Treatment B was used mostly by people with **small** stones (higher success rates)
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So here treatment A seems to be better.

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One week Alice goes 3 times and catches fish 0 times.

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So in week one, Alice has a 0% average and Bob has 14.2%. (Bob wins)

The next week, Alice goes 7 times and catches fish 5 times.

The next week, Alice goes 7 times and catches fish 5 times.
Bob goes 3 times and catches fish all 3 times.

The next week, Alice goes 7 times and catches fish 5 times.
Bob goes 3 times and catches fish all 3 times.

In week two, Alice has a 71.4% average and Bob has 100%. (Bob wins again)

For both weeks considered together though,
Alice has $5/10$ and Bob has $4/10$.

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Alice has 5/10 and Bob has 4/10.

So Alice is actually better at catching fish,
when we consider all the data.